



Located 3 miles
outside
The Woodlands



Horses acting as mirrors reflecting understanding about ourselves, others and our environment.

Equine Assisted Eating Disorders Group

For more information
and directions:
trails-less-traveled.com
or call
Janet at 713-882-4268.

Join Janet Nicholas LPC LCDC EAP and her four legged facilitators to gain a deeper understanding of yourself and your feelings. This will be a morning of fun, fellowship and learning. No horse experience required and all work is done on the ground (no riding). Wear closed toe shoes or boots and bring an open mind.